



# Department K — FOODS

## SUPERINTENDENTS

**CHERYL GUM**, Gap Mills, WV  
**PHOEBE McGUIRE**, Union, WV  
**AMELIA TUCKWILLER**, Blacksburg, VA

### TOTAL PREMIUMS & PRIZE AWARDS— Dept. K — \$3,687.00

SUN	MON	TUES	WED	THUR	FRI	SAT
9	10	11	12	13 7 am -10 am: Exhibit check-in  12 noon: Judging	14 <i>Exhibits on Display</i>  10 am - 12 noon: White House Apple Sauce Dessert Contest  1 pm - 3 pm: White House Apple Sauce Muffin Contest  4pm: Cupcake Decorating Contest	15 9 am - 11 am: Quick and Easy Beef Contest  12 noon-2pm: Bake for the Cure Contest  3 pm: Piggly Wiggly Party Cookie Decorating Contest  5 pm - 7 pm: Batter Breads Contest
16 <i>Exhibits on Display</i> 1 pm - 3 pm: Apple Dessert Contest  4 pm: EGG-straordinary EGG-stravaganza Cookie Decorating Contest  6 pm - 8 pm: Farm Fresh Fun Pizza Party Contest	17 10 am - 12 noon : Hidden Valley Contest  **3 pm - 4pm: Exhibit Check-out	18	19	20	21	22

**NO EXHIBITS WILL BE ACCEPTED OUTSIDE NORMAL CHECK-IN HOURS.  
 EXHIBITS CANNOT BE PICKED UP BEFORE THE NORMAL PICK-UP HOURS.  
*No on-grounds parking for exhibit pick-up on Monday, August 17.***

**\*\*DUE TO FOOD SAFETY, ALL FOODS EXCEPT ANY ITEM IN A JAR, WILL BE DISCARDED ON MONDAY, AUGUST 17. RIBBONS WILL BE SAVED FOR PICK-UP.  
 ANY CANNED ITEM NOT PICKED UP BY FRIDAY, AUGUST 28 BY 3:00 P.M. WILL BE DISCARDED OR GIVEN AWAY  
 PLEASE PAY ATTENTION TO THE SECTIONS DESIGNATED AMATEUR AND PROFESSIONAL.**

**"Amateur"** is defined as a recreational hobby, not for livelihood or occupational therapy.

**"Professional"** is defined as involvement in a hobby that results in financial gain for the participant and the participant deems part of their livelihood or occupational therapy.

1. All exhibits must be made by the exhibitor from scratch. No exhibits should be made using a mix, or created at a store, bakery or factory.
2. Articles improperly classified or do not conform to rules will not be judged.
3. When there is no competition a ribbon may be given (if worthy) with corresponding money paid. If in a class no exhibits are worthy, neither ribbons nor prize money will be awarded. The decision of the judges is final.
4. Fair officials will take every precaution for the safekeeping of exhibits after their arrival and arrangement in the building, but will not be responsible for any damage or loss that may occur.
5. Entry tags must be attached to exhibit prior to arriving on grounds for delivery. Tags will be mailed when entry form is received.
6. **Each exhibitor is limited to ONE entry per class.**
7. Age of contestant on July 18, 2009, determines the category for competition.
8. Foods for display must be covered using CLEAR plastic wrap.
9. **Do not bring food on valuable plates.**
10. In "collections" the judges will award ribbons based on quality and variety.
11. Sugar Free Foods must meet diabetic standards and include a recipe.
12. Fair officials reserve the right to discard foods that are no longer suitable for display.

**NEW!** New classes have been added for 2009 and can be recognized by the identification **NEW!** before the class name and/or description.

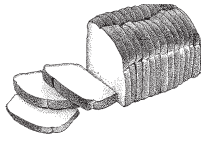
### Section 1 — BREADS

*Loaf bread must be displayed on an 8" or 9" disposable plate with entry tag attached to exhibit. Enter only one-half loaf. Three (3) biscuits, three (3) muffins (plain and variations) and three (3) yeast rolls must be displayed on an 8" or 9" disposable plate.*

- PREMIUMS (Classes 1-22):** 1st - \$6.00; 2nd - \$5.00; 3rd - \$4.00
- |  |  |
|--|--|
| <ol style="list-style-type: none"> <li>1. Muffins, sugar free, must meet diabetic standards and include a recipe</li> <li>2. Quick Bread, sugar free, must meet diabetic standards and include a recipe</li> <li>3. Any foreign bread or rolls</li> <li>4. Biscotti</li> <li>5. Biscuits, dropped</li> <li>6. Biscuits, variations, cheese, peppers, garlic, etc.</li> </ol> | <ol style="list-style-type: none"> <li>7. Biscuits, rolled</li> <li>8. White yeast bread, one-half loaf</li> <li>9. Whole wheat bread, one-half loaf</li> <li>10. Salt rising bread, one-half loaf</li> <li>11. Sourdough bread, one-half loaf</li> <li>12. Muffins, plain</li> <li>13. Muffins, variations, orange, nut, etc.</li> <li>14. Other yeast bread specialties</li> </ol> |
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Section 1 — **BREADS** (continued)

15. Any bread, machine-made, one-half loaf
16. Old fashioned sweetened corn pone
17. Old fashioned corn bread, three 2 1/2" pieces
18. Quick bread variations, orange, nut, etc.
19. Rolls, cinnamon
20. Rolls, sweet, with raisins and icing
21. Rolls, sweet, sticky buns
22. Rolls, white, yeast



**Twelfth Annual Delmer Robinson  
Memorial Culinary Award**

The State Fair of WV is pleased to present a Blenko Glass award in honor of Delmer Robinson, who served as food editor for the Charleston Gazette and culinary judge for the State Fair for more than 20 years. The award will be presented to the exhibitor winning the greatest number of first places in Sections 1, 2 and 3. In the event of a tie, it shall go to the exhibitor receiving the most second places. Should a tie still exist, it shall go to the exhibitor winning the most third places.

Department K - FOODS

Section 2 - **CAKES**



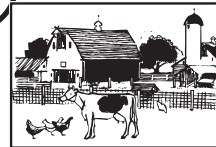
1. You may choose to bring one-half of each cake entered.
2. **Cakes must be placed on a piece of heavy cardboard that has been covered with aluminum foil.** A hole must be punched in the cardboard and the entry tag

- is tied to the front right hand corner of the cardboard.
3. Aluminum covered cardboard must NOT extend more than 1-inch beyond cake.
  4. Cakes that are more than 12 inches high and 14 inches wide will have to be displayed out of refrigerated case.

PREMIUMS	1st	2nd	3rd
23. Cake, sugar free, un-iced, must meet diabetic standards and include a recipe	\$8	\$6	\$5
24. Angel Food Cake, not iced	\$8	\$6	\$5
25. Black Walnut Cake, layer or loaf, iced	\$8	\$6	\$5
26. Devil's Food Cake, layer or loaf, iced	\$8	\$6	\$5
27. German Chocolate Cake, iced	\$8	\$6	\$5
28. Pound Cake, not iced	\$8	\$6	\$5
29. Pound Cake, iced	\$8	\$6	\$5
30. Coffee Cake	\$8	\$6	\$5
31. Spiced Cake, layer or loaf, iced	\$8	\$6	\$5
32. White Cake, layer or loaf, iced	\$8	\$6	\$5
33. Yellow Cake, iced	\$8	\$6	\$5
34. Cheese Cake, baked crust	\$8	\$6	\$5
35. Fruit Cake, dark	\$25	\$20	\$15
36. Fruit Cake, light	\$25	\$20	\$15
37. Pumpkin Roll	\$8	\$6	\$5
38. Cake, any type, iced	\$8	\$6	\$5
39. Cake, any type, un-iced	\$8	\$6	\$5
40. Cake in a jar	\$8	\$6	\$5

Section 3 — **COOKIES**

PREMIUMS	1st	2nd	3rd
41. Cookies, no sugar, must meet diabetic standards and include a recipe on a 3" x 5" index card	\$6	\$5	\$4
42. Cup Cakes, iced, 3 on an 8" or 9" plate	\$8	\$6	\$5
43. Cup Cakes, not iced, 3 on an 8" or 9" plate	\$6	\$5	\$4
44. Jelly Roll (plate not excessively large)	\$8	\$6	\$5
45. Cookies, dropped, 4 on an 8" or 9" plate	\$6	\$5	\$4
46. Cookies, rolled, 4 on an 8" or 9" plate	\$6	\$5	\$4
47. Cookies, bars, 4 on an 8" or 9" plate (enter Brownies in Classes 51 or 52)	\$6	\$5	\$4
48. Cookies, pressed, 4 on an 8" or 9" plate	\$6	\$5	\$4
49. Cookies, shaped by hand	\$6	\$5	\$4
50. Cookies, fancy-decorated, 3 on a plate not to exceed 9"	\$6	\$5	\$4
51. Brownie, made from scratch, not a mix, recipe must accompany exhibit	\$6	\$5	\$4
52. Brownie, variations, made from scratch, example: blond, mint, turtle, etc.	\$6	\$5	\$4



**FARM FRESH FUN!  
COOKIE BASKET**

**GOVERNOR'S COOKIE BASKET CONTEST**

Prepare a basket of fancy assorted cookies made from different kinds of batters and doughs. Cookies should be a variety of color and may be decorated if desired. Basket may be decorated but must match the current theme, "FARM FRESH FUN!".

**RULES**

1. The container MUST be a basket with handle. Basket must contain six (6) to 10 kinds of cookies.
2. The cookies, but not the entire basket, should be covered by clear plastic wrap.
3. Bring one of each kind of cookie in a small tin so that the judge will not need to open plastic wrap. Winner from the previous year is not eligible.

**First prize cookie basket will be presented to Governor Joe Manchin on Governor's Day**

(Thursday, August 20, 2009) by the winning exhibitor. The winner will receive a preferred off-grounds parking pass and two gate admission tickets for Governor's Day. Judging will be based on content only. Samples will not be returned. Winning cookie basket will be refrigerated until Governors Day.

**Please enter Dept K, Section 3, Class 54**  
**Prizes:** 1st—\$75.00 2nd—\$60.00 3rd—\$50.00

**BAR COOKIE SCORE CARD**

Appearance: uniform, well-cut shape.....	25
Texture: rich, moist eating quality.....	25
Tenderness: a thin delicate crust.....	25
Flavor: appealing flavor.....	25
Total.....	100

**DROP COOKIE SCORE CARD**

Appearance: fairly uniform, mound shape.....	25
Color: delicately browned exterior.....	25
Texture: interesting or novelty texture.....	25
Flavor: good flavor.....	25
Total.....	100

**PRESSED COOKIE SCORE CARD**

Appearance: well shaped and well defined pattern of cookie. Interesting assortment of sizes and shapes.....	25
Color: delicately browned edges.....	25
Texture: very tender and crisp.....	25
Flavor: rich and buttery flavor.....	25
Total.....	100

**ROLLED COOKIE SCORE CARD**

Appearance: retains shape of cutter.....	25
Color: lightly browned surface.....	25
Texture: crisp thin cookie or soft thick cookie depending on variety.....	25
Flavor: rich, delicate flavor.....	25
Total.....	100



## Section 4 - DECORATED CAKES

All decorated cakes have a maximum height limit of 12".

Anyone who sells cakes from home kitchens is considered to be a professional when more than 10% of their income is made from such activity.

Dummy cakes are permitted for the decorated cake classes only.

**PREMIUMS (Classes 55-63):** 1st - \$20; 2nd - \$15; 3rd - \$12

**55. THEME CONTEST - Decorated cake - Fair Theme  
"FARM FRESH FUN!"  
Open to adults and juniors**

**ADULTS** - Limited to adults age 18 and over

- 56. Decorated Cake, Original Design
- 57. Decorated Cake, Holiday of Your Choice
- 58. Decorated Cake, Everything Edible

- 59. Decorated Gingerbread House, large, 5 1/4" to 10" base
- 60. Decorated Gingerbread House, mini, 5" or less base

**JUNIORS** - Limited to youth, under 18 years old

- 61. Decorated Cake, Original Design
- 62. Decorated Cake, Holiday of Your Choice
- 63. Decorated Cake, Everything Edible

**WILTON ENTERPRISES is pleased to support the  
2009 Decorated Cake division.**

**One "Best of Class" award will be selected from  
Classes 55-58 and one "Best of Class" award will  
be selected from Classes 61-63**

**The winners may choose one of the following:**

- 1. Brownie Fun (The newest Wilton publication)
- 2. Gifts from the Kitchen Book
- 3. Cake Decorating Basics (DVD)

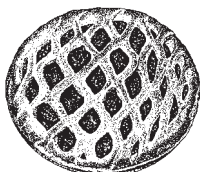
**Wilton will also award one current Wilton  
Yearbook of Cake Decorating to each 1st place  
prize winner in classes 55-58  
and 61-63. Only one Yearbook will be awarded  
to an individual.**

## Section 5 — PIES

**PREMIUMS (Classes 65-74):**

1st - \$8.00; 2nd - \$6.00; 3rd - \$5.00

- 65. One-crust sugar free fruit pie, must meet diabetic standards and include a recipe
- 66. One-crust pie, brown sugar, sour cream, etc.
- 67. One-crust custard pie
- 68. One-crust meringue pie
- 69. One-crust pecan pie
- 70. Two-crust apple pie
- 71. Two-crust fruit pie, not apple
- 72. Mincemeat Pie
- 73. Crumb Crust pie, any fruit
- 74. Cream Pie



## Section 6 — CANDIES

**PREMIUMS (Classes 75-86):** 1st—\$6.00 2nd—\$5.00 3rd—\$4.00

- 75. Any Candy, No Sugar, must meet diabetic standards and include recipe
- 76. Caramel, six (6) pieces on a 6" plate
- 77. Divinity, six (6) pieces on a 6" plate
- 78. Fudge, not peanut butter, six (6) pieces on a 6" plate
- 79. Peanut Butter Fudge, six (6) pieces on a 6" plate
- 80. White Fudge, six (6) pieces on a 6" plate
- 81. Creamed Mints, cooked, six (6) pieces on a 6" plate
- 82. Creamed Mints, uncooked, six (6) pieces on a 6" plate
- 83. Potato Candy, six (6) pieces on a 6" plate
- 84. Dipped or Coated Candy, six (6) pieces on a 6" plate
- 85. Any Other Candy
- 86. Chocolate covered cherries

### FARM FRESH CANDY FOR THE FIRST LADY

Exhibit a tin or cardboard box of assorted candies from your best farm fresh products.

**RULES:**

- 1. Exhibit must consist of at least six (6) and no more than 10 different candies.
- 2. Candy box may be decorated if desired but must match the current theme, "FARM FRESH FUN!".
- 3. The box should be open but clear plastic wrap should cover the inside of box so that the box may be displayed. Candy box will be refrigerated until Governor's Day.
- 4. One piece of each kind of candy should be put in a **zip lock plastic bag** for judging.

Winner from the previous year is not eligible.

**First prize candy box will be presented to the First Lady on Governor's Day** (Thursday, August 20, 2009) by the winning exhibitor who will receive a preferred off-grounds parking pass and two gate admission tickets for Governor's Day.

Please enter as Dept. K, Section 6, Class 87

**1st - \$50.00 2nd - \$40.00 3rd - \$30.00**



### HARVESTED HAY FIELD --ADULT Ages 18+

Design a harvesting hay field using everything edible. Use any equipment you want including tractors, rakes, mowers, round balers, square balers, farmers, barns, etc.

All items, including the "harvested hay", must be edible.

**PREMIUMS: 1st 2nd 3rd**  
\$30 \$20 \$15

Please enter class Dept K, Section 6, Class 88



**Section 7 — CANNED GOODS**



**RULES:**

1. Please **EXHIBIT IN QUART OR PINT JARS.**
2. Tie tag to jar, not lid; no rusty lids. Use standard canning jars that are sealed.
3. Bands should be in place for transporting home canned products; however, bands may be removed when presented for judging. This may aid in determining head space. Replacing the bands for display is preferred.
4. Home canned foods to be judged must have been prepared within one-year prior to judging date.
5. All exhibits must be heat-processed following current canning guidelines in the USDA Complete Guide to Home Canning.
6. If product was not processed according to approved recommendations, it will be disqualified.
7. State Fair reserves the right to dispose of any spoiled canned good.

**PREMIUMS (Classes 89-114):**

1st - \$7.00; 2nd - \$5.00; 3rd - \$4.00

- 89. Asparagus
- 90. Beans, green snap
- 91. Beans, lima
- 92. Beans, waxed snap
  
- 93. Beets
- 94. Carrots
- 95. Corn
- 96. Mixed Vegetables
- 97. Peas
- 98. Peppers
- 99. Sauerkraut

- 100. Plums
- 101. Raspberries, black

- 102. Beef
- 103. Chicken
- 104. Pork, spareribs, tenderloin, etc.
- 105. Sausage
- 106. Squash
- 107. Tomato juice
- 108. Whole tomatoes

- 109. Apple sauce
- 110. Blackberries
- 111. Cherries
- 112. Grape juice
- 113. Huckleberries
- 114. Pears

**In classes 115 and 116, the WV State Horticultural Society will pay the following:**

- 1st - \$15    2nd - \$10    3rd - \$5
- 115. Peaches, white
- 116. Peaches, yellow

CANNED FRUIT & VEGETABLE SCORE CARD	
<b>QUALITY OF CANNED PRODUCT.....</b>	<b>40</b>
Maturity.....	15
Color.....	10
Condition of Product.....	15
<b>PACK.....</b>	<b>30</b>
Proportion of solids to liquids.....	10
Uniformity of size and shape of product.....	10
Correct head space.....	10
<b>CLEANLINESS &amp; APPEARANCE OF CONTAINER.....</b>	<b>30</b>
<b>TOTAL.....</b>	<b>100</b>



**Section 8 — PICKLED FOODS In Pint or Quart Jars**

**PREMIUMS (Classes 118-130):**

1st—\$6.00    2nd—\$5.00    3rd—\$4.00

- 118. Beet
- 119. Chili sauce
- 120. Relish
- 121. Cucumber, Dill
- 122. Cucumber, Mixed
- 123. Cucumber, Sweet
- 124. Cucumber, Sour
- 125. Chow chow
- 126. Green tomato
- 127. Peach
- 128. Pear
- 129. Onion
- 130. Watermelon

PICKLE SCORE CARD	
Sealing & container.....	15
Pack.....	10
Color.....	15
Uniformity.....	15
Texture.....	15
Flavor.....	30
<b>Total.....</b>	<b>100</b>

**Section 9 — SOFT SPREADS In Metal Top Jelly Glass or 1/2 pint Jars**

**PREMIUMS (Classes 131-139):**

1st—\$6.00    2nd—\$5.00    3rd—\$4.00

- 131. Apple butter
- 132. Berry jams
- 133. Berry jelly
- 134. Berry preserves
- 135. Pepper jelly, any type
- 136. Other fruit butters
- 137. Other fruit jams
- 138. Other fruit preserves
- 139. Other fruit jelly

JAM, JELLY & PRESERVE SCORE CARD	
Sealing & container.....	10
General Appearance.....	10
Color.....	15
Clearness & sparkle.....	15
Texture.....	25
Flavor.....	25
<b>Total.....</b>	<b>100</b>

**Section 7 — CANNED GOODS (continued)**

**117. FARM FRESH BONANZA!**  
 Display your canned fruit, canned vegetables, or canned meat at the fair. Must contain at least 12 jars and no more than 15 jars. Decorations are welcome but must match the current years theme, "FARM FRESH FUN!"

**1st—\$25    2nd—\$20    3rd—\$18    4th—\$15**



**Section 10 — DRIED FRUITS & VEGETABLES**  
**Displayed in 1/2 Pint Jars Unsealed**

**PREMIUMS (Classes 140-146):**

1st—\$6.00 2nd—\$5.00 3rd—\$4.00

- 140. Apples
- 141. Butter beans
- 142. Beans, hulled
- 143. Beans, strung
- 144. Corn
- 145. Peas
- 146. Peaches, peeled

**Section 11 — MAPLE PRODUCTS**

**PREMIUMS (Classes 147-149):**

1st—\$6.00 2nd—\$5.00 3rd—\$4.00

- 147. Maple syrup
- 148. Maple sugar cakes
- 149. Maple candy, must be pure maple except nuts may be added, and a small amount of cream, dextrose, or cream of tartar may be added for smoothness.



**Section 12 — KIDS' STUFF**

**JUNIORS** (Exhibits must be created by children 5-10 years old)

**PREMIUMS**

	<b>1st</b>	<b>2nd</b>	<b>3rd</b>
150. Cupcakes, decorated, 3 on an 8" or 9" plate, <i>All decorations must be edible.</i>	\$8.00	\$6.00	\$5.00
151. Cookies, dropped, 4 on an 8" or 9" plate	\$6.00	\$5.00	\$4.00
152. Cookies, decorated, 3 on an 8" or 9" plate	\$6.00	\$5.00	\$4.00
153. Gingerbread House, decorated, mini, base 5" or less	\$12.00	\$10.00	\$8.00

**YOUTH** (Exhibits must be created by children 11-15 years old)

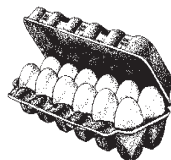
154. Cupcakes, decorated, 3 on an 8" or 9" plate, <i>All decorations must be edible.</i>	\$8.00	\$6.00	\$5.00
155. Cookies, dropped, 4 on an 8" or 9" plate	\$6.00	\$5.00	\$4.00
156. Cookies, decorated, 3 on an 8" or 9" plate	\$6.00	\$5.00	\$4.00
157. Gingerbread House, decorated, mini, base 5" or less	\$12.00	\$10.00	\$8.00
158. Biscuits	\$6.00	\$5.00	\$4.00
159. White Bread	\$6.00	\$5.00	\$4.00
160. Muffins, variations, orange, nut, etc.	\$6.00	\$5.00	\$4.00
161. Brownie, made from scratch, not a mix (recipe must accompany exhibit)	\$6.00	\$5.00	\$4.00
162. Fudge, 6 pieces on a 6" plate	\$6.00	\$5.00	\$4.00

**Section 13 — MISCELLANEOUS**

**PREMIUMS (Classes 163-171)**

1st—\$6.00, 2nd—\$5.00, 3rd—\$4.00

- 164. Black Walnuts, 1 pint
- 165. Dozen eggs, white
- 166. Dozen eggs, brown
- 167. Dozen eggs, pastel
- 168. Tomato catsup, 1 pint, must be sealed
- 169. Spaghetti sauce, no meat, 1 pint, must be sealed
- 170. Salad dressing, 1/2 pint
- 171. Cheese, Goat, soft, 1/2 pound
- 172. Cheese, 1/2 pound



**HARVESTED HAY FIELD --YOUTH**  
**Ages 5 through 17 years old**

Design a harvesting hay field using everything edible. Use any equipment you want including tractors, rakes, mowers, round balers, square balers, farmers, barns, etc. All items, including the "harvested hay", must be edible.

**PREMIUMS: 1st 2nd 3rd**  
 \$30 \$20 \$15

Please enter class Dept K, Section 12, Class 163





## Section 14 — WHITE HOUSE APPLE SAUCE DESSERT CONTEST

**Contest Date:** Friday, August 14

**Deadline for Delivery:** Between 10:00 a.m. and 11:00 a.m.

**Judging:** Between 11:00 a.m. and 12 noon

**NEW LOCATION!** **Contest Location:** Cook's Corner Tent beside the WV Building

### **RULES:**

- All recipes must be contestant's original recipe, never before published, developed by the contestant and must include White House Apple Sauce (any flavor) as an ingredient and should not be entered in any other competition at the fair. All contestants must be 18 years or older as of July 18, 2009.
  - All recipes become the property of National Fruit Products Co., Inc. and the State Fair of West Virginia which have the right to use the recipes and names of contestants for any publicity, advertising or promotion we wish, without any compensation.
  - Judging criteria: Taste - 40% Appearance - 30%  
Originality - 20% Ease of preparation - 10%.
  - The contest is intended for amateur bakers only. Professional bakers or those who earn a significant portion of their livelihood from baking may not enter.
  - All exhibits must be accompanied by the recipe, typewritten on an 8 1/2" x 11" sheet of paper. Every ingredient must be listed in exact measurements and the type of ingredient must be specified. All preparation steps, pan size, temperature and baking time must be specified.
  - All exhibits should have six (6) or more samples for judging or able to be sliced into six (6) to 10 servings. Exhibits should be placed on a disposable plate and covered with clear plastic wrap.
  - All entries must be pre-entered on a State Fair of West Virginia entry form. Entry form must be received by 12 Noon on Saturday, July 18.
  - Entry form will be acknowledged with an exhibitor's letter and entry tag. The entry tag should be attached to the plate and will serve as your admission to the fair on Friday, August 14, 2009, between 10:00 a.m. and 11:00 a.m. Exhibitors will need to park in the free parking lot. Bring your exhibit to the Cook's Corner Tent beside the WV Building.
- 9. Prizes: 1st place: \$100 & White House ribbon, 2nd place: \$50 & White House ribbon  
3rd place: \$25 & White House ribbon**

*Please enter Department K, Section 14, Class 173*



## Section 15 — WHITE HOUSE APPLE SAUCE MUFFIN CONTEST FOR KIDS!

**Contest Date:** Friday, August 14

**Deadline for Delivery:** Between 1:00 p.m. and 2:00 p.m.

**Judging:** Between 2:00 p.m. and 3:00 p.m.

**NEW LOCATION!** **Contest Location:** Cook's Corner Tent beside the WV Building

### **RULES:**

- All recipes entered must be contestant's original recipe, never before published, developed by the contestant and must include White House Apple Sauce (any flavor) as an ingredient and should not be entered in any other competition at the fair.
- All recipes entered become the property of National Fruit Products Co., Inc. and the State Fair of West Virginia which have the right to use the recipes and names of contestants for any publicity, advertising or promotion we wish, without any compensation.
- Judging criteria: Taste - 40% Appearance - 30%  
Originality - 20% Ease of preparation - 10%.
- The contest is intended for bakers under the age of 18. Anyone age 18 by July 18, 2009, does not qualify for this contest.
- All exhibits must be accompanied by the recipe, typewritten on an 8 1/2" x 11" sheet of paper. Every ingredient must be listed in exact measurements and the type of ingredient must be specified. All preparation steps, pan size, temperature and baking time must be specified.
- All exhibits should have six (6) or more samples for judging. Muffins should be on a disposable plate and covered with clear plastic wrap.
- All entries must be pre-entered on State Fair of West Virginia entry form. Entry forms must be submitted to the State Fair of West Virginia by 12 noon on Saturday, July 18.
- Entry form will be acknowledged with an exhibitor's letter and entry tag. The entry tag should be attached to the dish and will serve as your admission to the fair on Friday, August 14, 2009, between 1:00 p.m. and 2:00 p.m. Exhibitors will need to park in the free parking lot. Bring your exhibit to the Cook's Corner Tent beside the WV Building.

**Prizes: 1st place: \$100 and White House ribbon  
2nd place: \$50 and White House ribbon  
3rd place: \$25 and White House ribbon**

*Please enter Department K, Section 15, Class 174*

sponsored by:  
Paulette's Pastries, LLC  
216 W Edgar Ave  
Ronceverte, WV 24970

## FARM FRESH FUN! CUPCAKE CREATIONS

Kids' Cupcake Decorating Contest  
presented by Paulette's Pastries, LLC

Hey Kids! Try out your cupcake decorating skills in the FARM FRESH FUN CUPCAKE CREATIONS decorating contest!



**Contest Date:** Friday, August 14

**Contest Begins:** 4:15 p.m.

**Sign-up:** 4:00 p.m.

**Decorating Begins:** 4:30 p.m.

**NEW LOCATION!** **Contest Location:** Cook's Corner Tent beside the WV Building

### RULES:

1. Entrants must be no younger than four (4) and no older than 10 years old by July 18, 2009.
2. Contest is limited to the first 12 eligible contestants who sign up. **NO PRE-ENTRY REQUIRED.**
3. Each contestant will be given one cupcake and decorating materials. All materials for the contest will be provided; all contestants need is imagination. All decorating must be the original work of the contestant with no other assistance allowed.
4. Each contestant will have 10 minutes to decorate their cupcake.

## Section 17 — QUICK & EASY BEEF DISH COMPETITION

**Contest Date:** Saturday, August 15

**Deadline for Delivery:** Between 9:00 a.m. and 10:00 a.m.

**Judging:** Between 10:00 a.m. and 11:00 a.m.

**NEW LOCATION!** **Contest Location:** Cook's Corner Tent beside the WV Building



### RULES:

1. Recipes become the property of the West Virginia Department of Agriculture, the West Virginia Cattlewomen and the State Fair of West Virginia which have the right to publish, promote or advertise the recipes and the contestant names and photos without compensation.
2. All eligible exhibits, meeting requirements will be judged by a panel of experts whose decisions are final. Judging will be based on the following criteria:

Taste Appeal.....	40%
Appearance.....	30%
Originality.....	10%
Recipe Meets Requirement.....	20%
3. On the day of the contest, exhibits must be accompanied by the recipe, typewritten or neatly printed, or stapled to the recipe page of the registration form. All ingredients must be listed in order of use.
4. Each entry must contain at least 16 ounces of beef or a minimum of two (2) ounces of beef per serving. Any cut of fresh beef or prepared beef product may be used.
5. Total cooking time for the dish CANNOT exceed 30 minutes.
6. Each contestant may enter only one recipe.
7. Dishes should be prepared at home, preferably in a disposable container. If the dish is a hot dish, please prepare it in a microwaveable dish.
8. All contestants must be at least 18 years of age by 12/31/08 and be a resident of the State of West Virginia.
9. All entries must be pre-entered on a State Fair of West Virginia entry form. Entry forms should be submitted to the State Fair of West Virginia by 12 NOON ON JULY 18, 2009.
10. Entry form will be acknowledged with an exhibitor's letter and entry tag. Please attach entry tag to exhibit prior to arrival at the fair. The tag will be your admission to the fair on Saturday, August 15, 2009, between the hours of 9:00 a.m. and 10:00 a.m. Entrants will need to park in the free parking lot. Bring your dish to the Cook's Corner Tent beside the WV Building.

### PREMIUM INCREASE!

#### PRIZES:

**1st \$125.00, Ribbon, and a Beef Apron**

**2nd \$ 75.00, Ribbon, and a Beef Apron**

**3rd \$ 50.00, Ribbon, and a Beef Apron**

*This contest is sponsored by the West Virginia Cattlewomen, West Virginia Department of Agriculture, and the State Fair of West Virginia.*

**Please enter Department K, Section 17, Class 176**

**BAKE FOR THE CURE® BAKING CONTEST**

The 2009 Fleischmann's Yeast contest comes with two ways to win...and all in the spirit of Breast Cancer Awareness. The 1st category, the main one, features yeast breads of any type and flavor. A second category calls for the best "Batter Breads," any recipes with no need for kneading or multiple rise times. The 1st place winning recipes in both categories advance to grand prize judging for a \$1,000 national award!

Unite to increase **Breast Cancer Awareness** across the country! For every entry, Fleischmann's Yeast (ACH Food Companies) will contribute \$10 to **Susan G. Komen for the Cure**. Bring your baked entries and matching written recipe for live judging. Themes and decoration are encouraged as part of your presentation.

**BAKE FOR THE CURE® Contest Date:** Saturday, August 15

**Deadline for Delivery:** Between 12 noon and 1 p.m.

**Judging:** Between 1:00 p.m. and 2:00 p.m.

# Fleischmann's® Yeast

**NEW LOCATION!** **Contest Location:** Cook's Corner Tent beside the WV Building

**BATTER BREADS Contest Date:** Saturday, August 15

**Deadline for Delivery:** Between 5:00 p.m. and 6:00 p.m.

**Judging:** Between 6:00 p.m. and 7:00 p.m.

**NEW LOCATION!** **Contest Location:** Cook's Corner Tent beside the WV Building

### JUDGING CRITERIA

**Flavor....40% Presentation....40% Texture.....20%**

Same criteria applies to both categories. Breast cancer awareness themes and decorations are encouraged.

### PRIZES

**1st Category:** Three top prizes: \$150 for first place\*

\$75 for second place\*

\$50 for third place\*

Bake your best blue ribbon worthy bread...any style...any flavor.

**2nd Category:** One 1st place \$100 prize for the top "Batter Bread." No-Kneading, No Kidding.

Simply mix, rise and bake. Qualify with ANY great bread recipe with NO multiple rise times (just one rise) and NO time spent kneading the dough. \*Each winner will receive a ribbon, award certificate and apron.

### THREE GRAND PRIZES: \$1,000 EACH!

Three Grand Prizes (\$1,000 each) will also be awarded by contest sponsor ACH Food Companies, Inc. (ACH). Based on the same judging criteria at the fairs and selected out of all first place winning recipes, ACH Test Kitchens will select one grand prize recipe in each U.S. region of participating fairs, divided as the Northern U.S., Central U.S., and Southern U.S. The three grand prize winners will be notified by January 31, 2010. Both category's first place winning recipe advance to grand prize judging.

### RULES:

1. Entries must be original and baked with Fleischmann's Yeast as an ingredient (RapidRise, Active Dry or Bread Machine Yeast).
2. For inspiration, visit [www.breadworld.com](http://www.breadworld.com) or [www.bakefortheure.com](http://www.bakefortheure.com).
3. Deliver a clear typed recipe that matches your pre-baked entry. Be specific with recipe directions, measurements and sizes of pans, packages, cans, etc. Winning recipes must be able to be successfully reproduced in the Fleischmann's Yeast test kitchens to be considered for grand prizes.
4. Taxes are the responsibility of the winner. Contest is void where prohibited or otherwise regulated by law.
5. The 2008 1st place Fleischmann's Yeast winners are not eligible to compete in 2009.
6. Participating fairs in each region are pre-selected by Fleischmann's Yeast and ACH Food Companies, Inc. (ACH).
7. Any age contestant is welcome to enter. Only one set of prizes will be awarded.
8. The State Fair of WV will select judges for this competition. Their decisions are final.
9. Fair contest supervisors will forward all winning recipes for grand prize judging.
10. One person can submit one entry per category: meaning one entry for the 1st category and one entry for the 2nd category.
11. All recipes entered become the property of ACH Foods (ACH). By participating, contestants agree that ACH may edit, adapt, copyright, publish and use any or all of the recipes entered. They may also use contestant names and photos for publicity, promotion, or advertising without compensation.

The grand prize recipes will be available after February 1, 2010, by sending a self-addressed, stamped envelope to The Blue Ribbon Group, Attn: Fleischmann's Yeast '09, 3033 Excelsior Blvd., #220, Minneapolis, MN, 55416.

**Please enter Department K, Section 18, Class 177 for BAKE FOR THE CURE**

**Please enter Department K, Section 18, Class 178 for BATTER BREADS**

## PIGGY WIGGLY PARTY!

### Kids' Cookie Decorating Contest presented by Deitz Sweets

Hey Kids! Help the State Fair celebrate this year's theme, FARM FRESH FUN! by decorating a cookie!

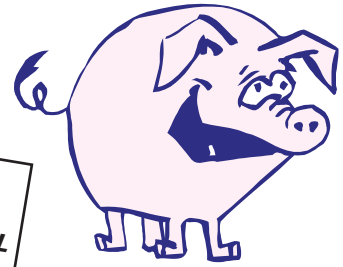
**Contest Date:** Saturday, August 15

**Contest Begins:** 3:15 p.m.

**Sign-up:** 3:00 p.m.

**Decorating Begins:** 3:30 p.m.

**PRIZES WILL BE  
AWARDED TO ALL  
PARTICIPANTS!**



**NEW LOCATION! Contest Location:** Cook's Corner Tent beside the WV Building

#### **RULES:**

1. Entrants must be no younger than four (4) and no older than 10 years old by July 18, 2009.
2. Contest is limited to the first 12 eligible contestants who sign up. **NO PRE-ENTRY REQUIRED.**
3. Each contestant will be given one cookie & decorating materials. All materials for the contest will be provided; all contestants need is imagination. All decorating must be the original work of the contestant with no other assistance allowed.
4. Each contestant will have 10 minutes to decorate a cookie.

Section 20 —

### **THE WV STATE HORTICULTURAL SOCIETY**

*is proud to sponsor the*

### **2009 State Fair Apple Dessert Celebration**

**Contest Date:** Sunday, August 16

**Deadline for Delivery:** Between 1:00 p.m. and 2:00 p.m.

**Judging:** Between 2:00 p.m. and 3:00 p.m.

**Contest Location:** West Virginia Building - Department K

**PREMIUMS: 1st - \$100.00 2nd - \$75.00 3rd - \$50.00**

#### **RULES:**

1. Each recipe for the dessert contest must be an original creation developed by the contestant and should not be entered in any other competitions at the fair.
2. Recipes become the exclusive property of the **WV STATE HORTICULTURAL SOCIETY** and the **STATE FAIR OF WEST VIRGINIA** which have the right to publish, promote or advertise the recipes and the contestant names and photos without compensation.
3. Decisions are the sole responsibility of the State Fair judges and are final.  
Desserts will be judged on the following:

Originality: creative preparation and use of apples	30 points
Ease of Preparation: availability of ingredients & simple, easy to understand direction	20 points
Taste: flavor and consistency	40 points
Appearance: overall attractiveness	10 points
Total = 100 points	
4. The contest is intended for amateur bakers only. Professional bakers or those who earn a significant portion of their livelihood from baking may not enter.
5. All exhibits must be accompanied by the recipe, typewritten on an 8 1/2" x 11" sheet of paper. Every ingredient must be listed in exact measurements and the type of ingredient must be specified (e.g., Jonathan apples). All preparation steps, pan size, temperature and baking time must be specified.
6. All contestants must be at least 18 years of age as of July 18, 2009 and be a resident of the State of West Virginia.
7. Raw apples used in the desserts should be West Virginia grown.
8. Any cooked apple dessert may be entered in the contest.
9. Recipes using processed apples (applesauce, apple slices, etc.) must contain at least 1 1/2 cups of the designated product. Use of apple juice will not satisfy the requirement for processed apples. Recipes using raw apples in the preparation must contain at least four (4) cups of the raw product.
10. Contestants submitting entries under another's name will be disqualified.
11. All contestants will be required to sign a statement of release. The WV State Horticultural Society and the State Fair of West Virginia reserves the right to use the recipes and photographs for any publicity, promotion and/or advertising purposes it deems necessary.
12. All desserts must be pre-entered on a State Fair of West Virginia entry form and must be delivered to the fairgrounds by 12 NOON ON JULY 18, 2009.
13. Entry will be acknowledged with an exhibitor's letter and entry tag. Entry tag should be attached with a string threaded through a small hole in the lip of the pan. This tag will be your admission to the fair on Sunday, August 16, between the hours of 1:00 p.m. and 2:00 p.m. On-grounds parking will NOT be provided. Bring your dessert to the West Virginia Building - Department K.
14. Taxes on prizes are the sole responsibility of the prize winner.

**Please enter Department K, Section 20, Class 180**

**"EGG-stradordinary EGG-stravaganza!"****COOKIE DECORATING CONTEST!****Kids' Cookie Decorating Contest****presented by Deitz Sweets**

Hey Kids! Help the State Fair celebrate this year's theme FARM FRESH FUN! by decorating a cookie!

**Contest Date:** Sunday, August 16**Sign-Up:** 4:00 p.m.**Contest Begins:** 4:15 p.m.**Decorating begins:** 4:30 p.m.**Contest Location:** West Virginia Building - Department K**PRIZES WILL BE AWARDED TO ALL PARTICIPANTS!****RULES:**

1. Entrants must be no younger than four (4) and no older than 10 years old by July 18, 2009.
2. Contest is limited to the first 12 eligible contestants who sign-up.

**NO PRE-ENTRY REQUIRED.**

3. Each contestant will be given one cookie and decorating materials. All materials for the contest will be provided; all contestants need is imagination. All decorating must be the original work of the contestant with no other assistance allowed.



Section 22 —

**THE STATE FAIR OF WEST VIRGINIA'S  
FARM FRESH FUN! PIZZA PARTY CONTEST****Contest Date:** Sunday, August 16**Deadline for Delivery:** Between 6:00 p.m. - 7:00 p.m.**Judging:** Between 7:00 p.m. until 8:00 p.m.**Contest Location:** West Virginia Building - Department K

MaMaMia! Cook up your best pizza dish using your favorite homemade sauce and crust. Add as many or as few toppings as you desire and join the State Fair's Farm Fresh Fun Pizza Party Contest!

**RULES:**

1. Each recipe for the contest must be an original creation developed by the contestant and should not be entered in any other competitions at the fair.
2. All recipes become the property of the State Fair of West Virginia.
3. All eligible exhibits will be judged by a panel of experts whose decisions are final. Judging will be based on the following criteria: Taste Appeal 45%; Originality 35%; Appearance 15%; and Variety of Ingredients 5%.
4. The contest is intended for amateur bakers only. Professional bakers or those who earn a significant portion of their livelihood from baking may not enter.
5. On the day of the contest, all exhibits must be accompanied by the recipe typewritten on an 8 1/2" x 11" sheet of paper. All ingredients must be listed in order of use.
6. Dishes should be prepared at home, preferably in a disposable container. If the dish is a hot dish, please prepare it in a microwavable dish.
7. Each contestant may enter only one recipe.
8. All entries must be pre-entered on a State Fair of West Virginia entry form. Entry forms should be submitted to the State Fair of West Virginia in accordance with the specified entry deadlines. ENTRIES RECEIVED AFTER 12 NOON ON JULY 18, 2009, WILL NOT BE PROCESSED.
9. Entry form will be acknowledged with an exhibitor's letter and entry tag. Entry tag should be attached to the dish. This tag will be your admission to the fair on Sunday, August 16, 2009, between the hours of 6:00 p.m. and 7:00 p.m. On-grounds parking will NOT be provided. Bring your entry to the West Virginia Building - Department K.

**TOTAL PRIZES**

1st - Ribbon and \$100, 2nd - Ribbon and \$50, 3rd - Ribbon and \$25

*Please enter Department K, Section 22, Class 182*



## HIDDEN VALLEY® DRESSINGS "FRESH TASTE FOR THE FAMILY" RECIPE CONTEST

Let the herbs and spices of Hidden Valley® Original Ranch® Salad Dressing & Seasoning Mix inspire your entry in the Hidden Valley® Dressings "Fresh Taste for the Family" Recipe Contest. Entice the judges with any crowd-pleasing entree, appetizer or side dish that features fresh ingredients &/or produce ("Fresh Factor") for a chance to win cash rewards and recognition.

**Contest Date:** Monday, August 17

**Deadline for Delivery:** Between 10:00 a.m. and 11:00 a.m.

**Judging:** Between 11:00 a.m. and 12 noon

**NEW LOCATION!** **Contest Location:** Cook's Corner Tent beside the WV Building

**NEW! \$2,000 GRAND PRIZE FOR 2009 (Double the amount of 2008's grand prize)**

### **RULES:**

1. Using the best that farms, grocers and home gardens have to offer, create any great tasting entree, appetizer or side dish centered on fresh food, wholesome ingredients and traditions that bring families together.
2. All dishes must be pre-entered on a State Fair of West Virginia entry form by 12 NOON JULY 18, 2009. Recipe must be typed on an 8 1/2" by 11" sheet of paper and be submitted with entry. As proof of ingredient, attach Hidden Valley® dressing package label to recipe.
3. All recipes become the sole property of The HV Food Products Company, which reserves the right to edit, adapt, copyright, publish and use any or all of the recipes. By entering, entrants agree that Sponsor has the right to use each entrant's entry, name, voice and/or likeness in any and all media on connection with publicity, promotion, or advertising for Sponsor without any further compensation except where prohibited by law. A signed publicity release may be requested from entrants.
4. Recipes will be judged by personnel chosen by the fair, whose decision is final. In the case of a tie, the winner among the tying entries will be selected based on the entry with the highest score in the "Taste" factor category followed by descending criteria as necessary: Fresh Factor, Family Appeal, Ease of Preparation.  
Judging will be based on the following criteria: Ease of preparation..... 15%; Fresh Factor..... 25%  
Family Appeal.....20%; Taste.....40%
5. Prepare your dish at home, preferably in a disposable container. If it is a hot dish, please prepare it in a microwaveable dish. No dishes will be returned.
6. Except for Hidden Valley® The Original Ranch® Salad Dressing & Seasoning mix, recipes must be homemade, no mixes. Each recipe must be named, original, unpublished, the sole property of entrant and not previously submitted in any other Hidden Valley® Original Ranch® salad dressing contest.
7. Entries must be created with at least one (1 oz.) packet or two (2) or more Tbsp. of Hidden Valley® Original Ranch® Salad Dressing and Seasoning Mix.
8. Recipe should use fresh ingredient(s) and fresh produce, and easy assembly steps are encouraged.
9. Recipes should list ingredients with measurements and state preparation instructions with baking/cooking times and number of servings.
10. Entrants must be at least 18 years of age and a legal US resident to enter; limit one entry per person.
11. The Sponsor is not responsible for lost, late, incomplete, incorrect or illegible recipe entries.
12. Taxes on prizes are the responsibility of the winner. Contest is void where prohibited, restricted or taxed by law.
13. Employees of the HV Food Products Company, its affiliates, subsidiaries and the immediate family members, and persons living in the same household of each, are not eligible to participate in this Contest.
14. The 2008 first place winner is not eligible to compete in 2009.
15. This contest is sponsored by The HV Food Products Company, Oakland, CA.
16. Entry will be acknowledged with an exhibitor's letter and entry tag. Entry tag should be attached to the dish with a string threaded through a small hole in the lip of the dish. This tag will be your admission to the fair on Monday, August 17, 2009, between the hours of 10:00 a.m. and 11:00 a.m. On-grounds parking will NOT be provided. Bring your dish to the Cook's Corner Tent beside the WV Building.

### **PRIZES**

1st Prize: \$200, ribbon, award certificate and apron

2nd Prize: \$100, ribbon, award certificate and apron

3rd Prize: \$50, ribbon, award certificate and apron

**NATIONAL GRAND PRIZE: \$2,000 cash plus an engraved memento.**

The grand prize winner (selected from first place winning recipes using the judging criteria described above) will be notified by phone no later than January 31, 2010. The name of the national grand prize winner and the winning recipe will be available by sending a self-addressed envelope to The Blue Ribbon Group, Attn: Hidden Valley, 3033 Excelsior Blvd, Suite 220, Minneapolis, MN 55416.

**Please enter Department K, Section 23, Class 183**